

SYDNEY
2023
WINTER
COLORECTAL
MEETING



FINAL SCIENTIFIC PROGRAM



SYDNEY 2023 WINTER COLORECTAL MEETING

SATURDAY 12TH AUGUST, 2023
INTERCONTINENTAL SYDNEY DOUBLE BAY



Royal Australasian
College of Surgeons

WELCOME

On behalf of the Royal Australasian College of Surgeons Section of Colon and Rectal Surgery, Sydney Colorectal Surgical, and the Organising Committee, a very warm welcome to the Sydney 2023 Winter Colorectal Meeting, taking place Saturday 12th August at the InterContinental Sydney Double Bay.

We are looking forward to presenting this one-day program that aims to provide you with an intensive update on surgical advancements and innovations in Colorectal Surgery - highlighting the latest techniques and research findings, and sharing ideas that will shape the future of Colorectal Surgery.

We have an outstanding faculty from across Australia and Internationally joining us to share their surgical expertise in an informative and captivating forum. We hope you will find the day one of collaboration and friendship for the betterment of our patients, and we hope you leave the meeting with informative and improved approaches to surgical conundrums.

We would like to recognise all our industry partners who are joining us for the day - thank you for your ongoing support and commitment to the future of Colorectal Surgery. We encourage everyone to visit each industry partner during the breaks in recognition of their support.

We are pleased to be back together again for a fabulous day in Double Bay.

Yours sincerely,

THE ORGANISING COMMITTEE



A/Prof
Christopher
Byrne FRACS



Dr Ian
Faragher
FRACS



A/Prof Cherry
Koh FRACS

ORGANISING COMMITTEE



A/Prof Christopher Byrne FRACS Scientific Convenor

A/Prof Chris Byrne is a specialist colorectal surgeon with particular expertise in colorectal cancer, hernias, recurrent pelvic cancers, perianal sepsis, endometriosis and pelvic floor surgery. Qualified in laparoscopic surgery, his research interests include inflammatory bowel disease, patient preference, pelvic floor disorders, perianal sepsis and trauma.

Chris graduated from Sydney University and took further subspecialty training in colorectal surgery at Royal Prince Alfred Hospital and subsequently St Mark's Hospital, London. As a subspecialist colorectal surgeon, he is also a member and counsellor of the Colorectal Surgical Society of Australia and New Zealand and the trauma co-director at Royal Prince Alfred Hospital. He is a director on the EMST program (Early Management of Severe Trauma) an network hub director of the SET training scheme (Surgical Education and Policies). Chris operates at Royal Prince Alfred, The Mater and Sydney Day Surgery.

ORGANISING COMMITTEE



Dr Ian Faragher Scientific Convenor

Dr Ian Faragher is a specialist colorectal and general surgeon with a clinical interest in colorectal surgery.

Ian graduated from the University of Melbourne before undertaking surgical training in Melbourne. He then undertook research into one type of inherited bowel cancer: hereditary non-polyposis colorectal cancer.

Ian worked in the UK, and has gained sub-speciality experience in colorectal surgery at The John Radcliffe Hospital, Oxford. He then conducted further training in colorectal surgery at Colon and Rectal Clinic of Houston (Texas, USA).

Ian is the Chair of the RACS Section of Colon and Rectal Surgery, and is actively involved in research and teaching the next generation of surgeons.

ORGANISING COMMITTEE



A/Prof Cherry Koh Scientific Convenor

Associate Professor Cherry Koh is a Colorectal Surgeon who underwent subspecialty training at the Royal Prince Alfred Hospital in Sydney and John Radcliffe Hospital in Oxford (UK).

Whilst in Sydney, she learned about laparoscopic surgery and pelvic exenteration for advanced pelvic cancers. In Oxford, she worked on the Inflammatory Bowel Disease (IBD) and the Oxford Pelvic Floor units which allowed her to consolidate her laparoscopic skills in addition to learning about TEMS (Transanal Endoscopic Microsurgery) and the management of complex re-operative surgery for IBD.

Dr Koh also has a wide academic interest including quality of life after complex pelvic surgery and pelvic floor disorders.

MEETING SNAPSHOT

VENUE

THE BALLROOM
Ground Floor - InterContinental Sydney Double
33 Cross Street
Double Bay NSW 2028

PROGRAM HOURS

Saturday 12th August

- Breakfast Symposium - 07:00 - 08:00
- Main Program - 08:15 - 17:30

PARTNER WORKSHOPS

MEDTRONIC DINNER SYMPOSIUM

- Friday 11th August, - 19:00 - 22:00
- Dining Room - InterContinental Sydney Double
**Please note this dinner is at capacity*

DEVICE TECHNOLOGIES BREAKFAST SYMPOSIUM

- Saturday 12th August, -07:00 - 08:00
- The Ballroom - InterContinental Sydney Double
- Registration and breakfast from 06:45

REGISTRATION DESK

Onsite registration for delegate name tag collection and enquiries will be located in the Ballroom Foyer and accessible from:

- Saturday 12th August
- 06:30 - 17:30

PARTNER WORKSHOP

Medtronic

MEDTRONIC DINNER SYMPOSIUM -

Sacral Neuromodulation Therapy for faecal incontinence

- Friday 11th August.
- 19:00 - 22:00
- Dining Room - InterContinental Sydney Double

**Please note you must have already registered for this event - late registration is not possible*

About Medtronic InterStim sacral neuromodulation systems

Sacral Neuromodulation therapy is a third-line treatment option for Overactive Bladder, nonobstructive Urinary Retention and Faecal Incontinence. Medtronic InterStim SNM systems have been available for 25+ years and have treated Medtronic Australasia Pty Ltd 375,000+ patients worldwide.

PARTNER WORKSHOP



DEVICE TECHNOLOGIES BREAKFAST SYMPOSIUM -

Best Practice in Robotic Surgery What is the Best Robotic Practice to Deliver Good Patient Outcomes & Superior Clinical Advantages?

- Saturday 12th August.
- 07:00 - 08:00
- Ballroom - Ground Floor - InterContinental Sydney Double
- Includes limited breakfast bites

AGENDA

07:00 Welcome - A/Prof Christopher Byrne

07:05 Right/Left Hemicolectomy - A/Prof Kim-Chi Phan Thien

07:20 Lower Anterior Resection - Dr Stephen Pillinger

07:35 Robotic Surgery for Diverticular Disease - Dr Walid Barto

07:50 Discussion - Moderator: A/Prof Christopher Byrne

08:00 Close

INTERNATIONAL SPEAKER

EDWARD WILSON NAMED LECTURE



Prof Charles Knowles MBBChir, PhD, FRCS, FACCRS (Hon)

Prof Charles Knowles is Professor of Surgery at Queen Mary University of London, Lead for Colorectal Surgery at the Cleveland Clinic London and an honorary Consultant Colorectal surgeon at Barts Health NHS Trust and St Marks Hospitals. He qualified from the University of Cambridge and undertook general surgical training and a PhD in London.

His main research interests cover the development and evaluation of new technologies for the diagnosis and treatment of chronic bowel diseases (especially neuromodulation and cell therapies). Clinically, he is a key international opinion leader on pelvic floor disorders and GI neuromuscular diseases.

Prof Knowles is the inaugural Clinical Director of Research at the Cleveland Clinic London and hold honorary chairs at UCL (experimental therapeutics) and the University of Antwerp. He has authored over 260 peer-reviewed publications (H-index: 60) as well as contributing to major international colorectal and general surgical texts, national guidance and health policy documents.



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SATURDAY 12TH AUGUST
INTERCONTINENTAL SYDNEY DOUBLE BAY

SESSION 1: PRACTICAL & NOVEL APPROACHES TO COMMON COLORECTAL CONDITIONS. CHAIRS: DR JODIE ELLIS CLARK & DR MICHAEL SUEN

| | | |
|---|---|------------------------|
| 08:15 | OFFICIAL OPENING | ORGANISING COMMITTEE |
| 08:30 | PR BLEEDING IN ANTI-COAGULATED PATIENT | DR MICHELLE SMIGIELSKI |
| 08:45 | MANAGEMENT OF COMPLEX PERIANAL FISTULA | PROF MICHAEL SOLOMON |
| 09:00 | PRURITUS ANI - WHAT SHOULD YOU DO? | MR JAMES KECK |
| 09:15 | ANISMUS, VAGINISMUS, LEVATOR ANI PAIN | DR JASON CHOW |
| 09:30 | ROLE OF SURGERY IN THE MODERN MANAGEMENT OF SLOW TRANSIT CONSTIPATION | PROF CHARLES KNOWLES |
| 09:50 | PANEL DISCUSSION | |
| 10:00 - 10:30 - MORNING TEA WITH INDUSTRY | | |

SESSION 2: COLORECTAL CANCER UPDATES. CHAIRS: DR CHARLOTTE KWIK & DR STEPHEN PILLINGER

| | | |
|-------|---|---------------------|
| 10:30 | EARLY ONSET COLORECTAL CANCER | DR IAN FARAGHER |
| 10:45 | FRAILTY, SARCOPENIA & PREHAB BEFORE COLORECTAL SURGERY | PROF JUSTIN YEUNG |
| 11:00 | RIGHT HEMICOLECTOMY - WHO NEEDS A CME? SHOULD WE BE STANDARDISING OUR CANCER OPERATION? | PROF STEPHEN SMITH |
| 11:15 | WHAT IS THE ROLE OF SURGERY IN LOW VOLUME MULTISYSTEM METASTATIC DISEASE? | A/PROF CHERRY KOH |
| 11:30 | FOLLOWUP AFTER COLORECTAL CANCER - IS IT A WASTE OF TIME VS TAILORED SURVEILLANCE POST CANCER RESECTION | DR ELIZABETH MURPHY |

SESSION 2 CONTINUED...

11:45 PANEL DISCUSSION

EDWARD WILSON LECTURE

12:00 FAECAL INCONTINENCE: STATE OF THE ART INVESTIGATIONS AND MANAGEMENT

PROF CHARLES KNOWLES

12:30 - 13:30 - LUNCH WITH INDUSTRY

SESSION 3: TRICKY OPERATIVE PROBLEMS IN COLORECTAL SURGERY. CHAIRS: DR MIFANWY REECE & DR ROBERT WINN

13:30 BLEEDING MARGINAL ARTERY, SPLEENS AND PRESACRUMS

A/PROF ANDREW GILMORE

13:45 OUR ASSISTANT POKES THE STAPLER THROUGH THE LOW
RECTAL STUMP - WHAT NOW ?

DR TIONG CHENG SIA

14:00 UNEXPECTED PATHOLOGY AT APPENDICECTOMY - WHAT TO DO

DR NABILA ANSARI

14:15 POSITIVE LEAK TEST - WHAT NEXT

A/PROF NIMALAN PATHMA-
NATHAN

14:30 UROLOGIST OR GYNAECOLOGIST REQUESTS INTRAOPERATIVE CONSULT
AS THEY THINK PUT A HOLE IN THE LOW RECTUM AT MINIMALLY
INVASIVE OPERATION

DR HENRY CHEUNG

14:45 PANEL DISCUSSION

15:00 - 15:30 - AFTERNOON TEA WITH INDUSTRY

SESSION 4: DEBATES. CHAIRS: A/PROF CHERRY KOH & DR MATTHEW RICKARD

15:30 ORAL ANTIBIOTICS - WITH PREP VERSUS NO PREP

WITH PREP: A/PROF RYASH VATHER
NO PREP: PROF STEPHEN SMITH

15:45 THERE IS NO ROLE FOR APPENDICECTOMY IN 2023

YES - there is a role. DR MATTHEW
MORGAN
NO - there is no role. DR KATHERINE
GIBSON

16:00 ANTIBIOTICS VS PROBIOTICS FOR DIVERTICULITIS IN 2023

ANTIBIOTICS: DR STEPHEN
JANCEWICZ
PROBIOTICS: DR NIMA AHMADI

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SESSION 5: CONSULTANTS' CORNER MODERATORS: A/PROF CHRISTOPHER BYRNE & PROF CHARLES KNOWLES

16:15 **INTERACTIVE CONSULTANTS CORNER**
CASE SCENARIOS PRESENTED TO THE EXPERT PANEL
AUDIENCE QUESTIONS AND PARTICIPATION

MODERATORS:

1. A/SOC PROF CHRISTOPHER BYRNE
2. PROF CHARLES KNOWLES

EXPERT PANEL:

1. DR JODIE ELLIS CLARK
2. MR JAMES KECK
3. DR SONI PUTNIS
4. DR ROBERT WINN

17:15 CLOSING REMARKS

ORGANISING COMMITTEE

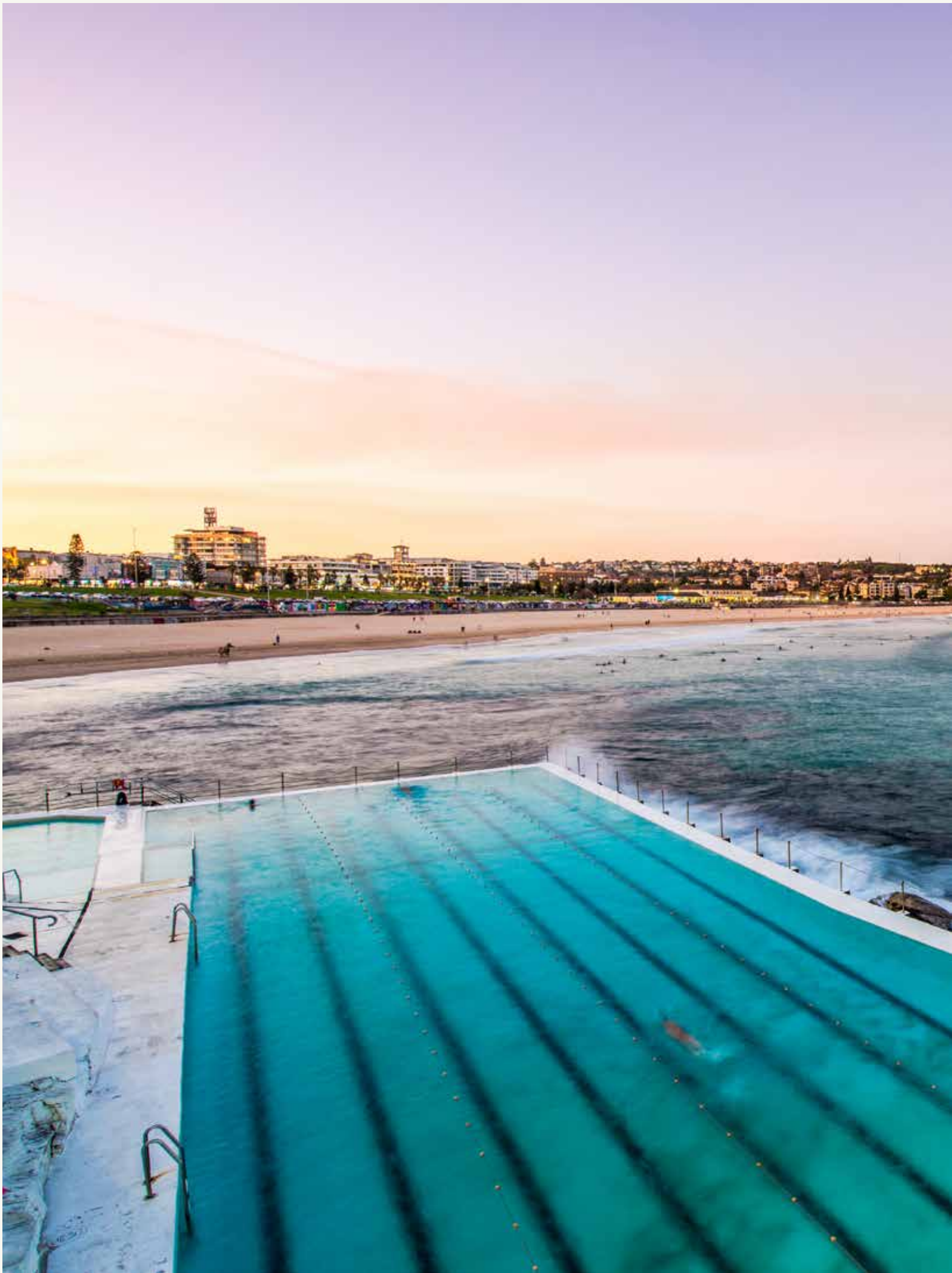
17:30 PROGRAM CLOSE

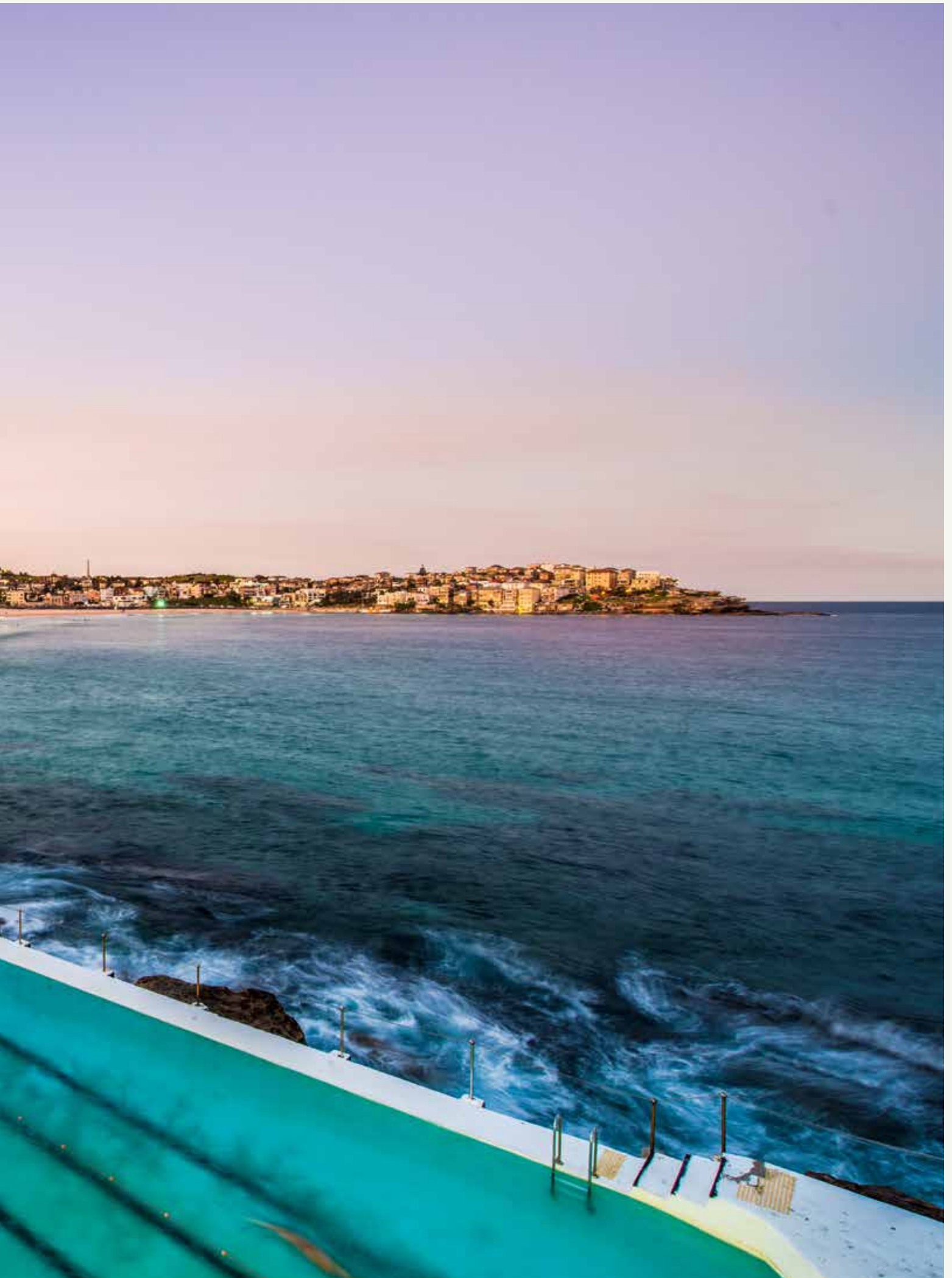
INDUSTRY PARTNERS

Thank you to our industry partners for their commitment to Colorectal Surgery. We are very pleased to have the following companies joining us in the Exhibition Area:



The Exhibition Area will be housed in Ballroom 1 located immediately next door to the main Plenary - Ballroom 2 and 3 along with all catering.





THANK YOU
FOR
COMING

